



Stepping Stones

A Bereavement Program for Children and Teens

Stepping Stones is a bereavement program for children and teens who have experienced the death of a family member or friend. The program is designed to help facilitate the healing by helping participants to understand and express their feelings of grief. In our program we hope to provide a safe passage through the stepping stones of grief.

Stepping Stones works with children and teens ages 5 - 18 in age appropriate groups, meeting once a week for eight weeks. Each group is facilitated by VNA Hospice Staff and trained Hospice volunteers. Recreational activities and various art forms are used to facilitate the grieving/coping process. The subject is serious but the kids have fun and supportive friendships are developed.

Place: VNA Child Care Center, 435 South Main Street, Manchester

Time: 6-7:30 PM

For more information or to request an application call our Bereavement Support Team at 622-3781.

There is no fee for attending, but pre-registration is required.

For information or to request an application call the hospice program at the Visiting Nurse Hospice 622-3781.