



# **Stepping Stones**

## **A Bereavement Program for Children and Teens**

Stepping Stones is a bereavement program for children and teens who have experienced the death of a family member or friend. The program is designed to help facilitate the healing by helping participants to understand and express their feelings of grief. In our program we hope to provide a safe passage through the stepping stones of grief.

Stepping Stones works with children and teens ages 5 - 18 in age appropriate groups, meeting once a week for six weeks. Each group is facilitated by VNA Hospice Staff and trained Hospice volunteers. Recreational activities and various art forms are used to facilitate the grieving/coping process. The subject is serious but the kids have fun and supportive friendships are developed.

**Place: Brookside Congregational Church, 2013 Elm Street,  
Manchester, NH**

**Dates: Wednesday, September 30 through Wednesday, Noember 4, 2009**

**Time: 6-7:30 PM**

**There is no fee for attending, but pre-registration is required.**

For information or to request an application call  
Gary Andy, M.Div. at 663-4005